

Nitric Oxide in Liver Diseases

Friend, Foe, or Just Passerby?

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ABSTRACT: Research on the free radical gas, nitric oxide (NO), during the past twenty years is one of the most rapid growing areas in biology. NO seems to play a part in almost every organ and tissue. However, there is considerable controversy and confusion in understanding its role. The liver is one organ that is clearly influenced by NO. Acute versus chronic exposure to NO has been associated with distinct patterns of liver disease. In this paper we review and discuss the involvement of NO in various liver diseases collated from observations by various researchers. Overall, the important factors in determining the beneficial versus harmful effects of NO are the amount, duration, and site of NO production. A low dose of NO serves to maximize blood perfusion, prevent platelet aggregation and thrombosis, and neutralize toxic oxygen radicals in the liver during acute sepsis and reperfusion events. NO also demonstrates antimicrobial and antiapoptosis properties during acute hepatitis infection and other inflammatory processes. However, in the setting of chronic liver inflammation, when a large sustained amount of NO is present, NO might become genotoxic and lead to the development of liver cancer. Additionally, during prolonged ischemia, high levels of NO may have cytotoxic effects leading to severe liver injury. In view of the various possible roles that NO plays, the pharmacologic modulation of NO synthesis is promising in the future treatment of liver diseases, especially with the emergence of selective NO synthase inhibitors and cell-specific NO donors.

KEYWORDS: nitric oxide; liver diseases; friend or foe

INTRODUCTION

During the past decade, particular attention has been paid to the small, diffusible, unique molecule—nitric oxide (NO). NO, the end product of the enzyme NO synthase (NOS), influences various physiological processes in essentially every organ and tissue. It has a remarkably broad spectrum of such functions as regulation of vascular tone, neurotransmission, antimicrobial defence mechanisms, and immunomodulation.¹ The role of NO in regulating an organ function is always complex, resulting in sometimes conflicting experimental data. In biological systems, NO has a very short half-life of less than five seconds and, therefore, direct measurement of NO is not easy and not commonly practiced. NO is rapidly inactivated in tissues by oxidation to its metabolite nitrites and nitrates, which readily diffuse into the

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circulation. Thus, concentrations of nitrite and nitrate are often used as indicators of the presence of NO. NO elicits many of its actions by signal transduction through activation of the soluble guanylate cyclase, binding to the iron in the heme center, resulting in an intracellular increase of cGMP levels.² Hence, increase of NO normally leads to an increase in cGMP concentration. Thus, cGMP is also used as an indicator of the presence of NO. NO can bind to non-heme iron, particularly to the iron in the iron-sulfur centers of numerous enzymes, thus altering their biological activity.³ These enzymes include those in the respiratory cycle, the tricarboxylic acid (TCA) cycle, and the DNA synthesis pathway. Indirectly, NO can combine with superoxide anion to form the highly reactive peroxynitrite that has been linked to lipid peroxidation and nitrosation of tyrosine residues in proteins.⁴ At different redox states, NO may appear in various chemical forms such as NO^+ , $\cdot\text{NO}$, and NO^- . These NO-related species have distinct chemical reactivities and they can all influence the fate of cells in response to various insults. This review focuses on the possible roles of NO in liver diseases where the basic chemistry or biology of NO has been extensively discussed and reviewed.^{1,5,6}

The liver is one of the most important body organs in that it performs so many different functions at the same time. The liver makes proteins, eliminates waste material from the body, produces cholesterol, stores and releases glucose and metabolizes many drugs used in medicine. Liver diseases, such as viral hepatitis, liver cirrhosis, and liver cancer appear to be on the increase and each year more than 43,000 Americans die of liver disease. There are few effective treatments for most life-threatening liver diseases other than liver transplants. It has been postulated that NO is involved with the etiology or progression of liver diseases because NO plays a major role in homeostasis regulation as well as in immunology defence mechanisms. However, the exact role of NO in most of these hepatic diseases is still unknown. Some results indicate that NO is beneficial whereas others postulate a detrimental effect. At the same time, some results even suggest that the presence of NO in certain situations is merely a consequence of other more important disease mechanisms.

There are three isoforms of NOS all of which are expressed in the liver. Of these, the inducible NOS (iNOS) and endothelial NOS (eNOS) are the most important. Neuronal NOS (nNOS) appears to be restricted to nerve endings found in large blood vessels. Under physiologic conditions only the constitutive eNOS is believed to be present in the liver and the low level of NO produced regulates hepatic perfusion, preventing platelet adhesion, thrombosis, and polymorphonuclear cell (PMN) accumulation.⁷ iNOS has been found in almost every cell type of the liver, such as hepatocytes,^{8,9} Kupffer cells,¹⁰ hepatic endothelial cells,¹¹ and Ito cells.¹² However, the degree and duration of NO production in various situations are probably determined by factors such as the type of stimulus, as well as the cell types that are being stimulated to express iNOS. Although most human cell types require a combination of cytokines to activate iNOS expression, interleukin- 1β (IL- 1β) alone at high doses can induce iNOS mRNA in primary human hepatocytes.¹³ Hence, iNOS seems to be more readily induced in hepatocytes than other human cell types. In pathologic conditions, such as endotoxaemia, hemorrhagic shock, ischemia-reperfusion, sepsis, infection, hepatitis, liver cancer, and liver regeneration, iNOS can be induced and produce a significant sustained amount of NO. This NO serves as an important regulator and effector. Study of the actions of NO has been facilitated by the availability of

various NOS inhibitors, the most common of which are N^G -nitro-L-arginine methyl ester (L-NAME), N^G -monomethyl-L-arginine (L-NMMA), and N^G -nitro-L-arginine (L-NNA).

The role of NO in various liver pathological conditions has yet to be clearly defined, which may be due to the differences among animal models used as well as the variations in experimental setup. Furthermore, the activity of NO produced by human cells is much lower than that produced by the rodent cells. Hence, the results observed in animal models may not be directly relevant to human pathophysiologic conditions. Therefore, in this article, our discussion is mainly based on the evidence observed in NOS knockout animal models and human patients.

LIVER DAMAGE DURING INFLAMMATION

Cytokines, such as tumor necrosis factor- α (TNF- α), are produced in the liver in endotoxaemia, systemic inflammation, and fulminant hepatic failure. They are responsible for the extensive hepatocellular injury under these conditions. Even though the mechanism of hepatocellular dysfunction has been widely studied, there are still many unanswered questions. Basically, the injured cells either survive or die through apoptosis or necrosis.¹⁴ Because cytokines are well-known stimuli of iNOS, various experiments have been carried out to study the role of NO in these situations. However, results to date concerning the role of NO in liver damage during inflammatory conditions remains controversial. Both beneficial and detrimental NO-mediated properties have been described.

Non-specific inhibition of NOS in endotoxaemia models results in increased liver damage, suggesting a beneficial role of NO in liver during sepsis. Suppression of endogenous NO might aggravate hepatic injury, partly caused by decrease in hepatic blood flow accompanied with increase oxidative stress.^{18,19} Recently, Takemura *et al.*²⁰ further demonstrated that a potent inhibitor of NOS markedly deteriorates the lipopolysaccharide (LPS)-induced liver injury by disturbing hepatic microvascular blood flow. Zhu and Fung²¹ showed that NO protects liver injury through scavenging lipid radical and, thus, inhibiting lipid peroxidation chain reaction.

Another possible protective mechanism of NO during liver injury might be through its antiapoptotic action. Increasing evidence shows that NO is a potent antiapoptotic molecule in hepatocytes *in vitro*²² and *in vivo*²³ despite the fact that NO induces apoptosis in various other cell types.^{24–26} The antiapoptotic actions of NO in hepatocytes were reviewed by Li and Billiar.²⁷

NO is able to prevent TNF-mediated activation of the proapoptotic protease caspase 3 and to protect hepatocytes from cytokine-mediated death, conferring protection against TNF-induced liver injury.^{23,28,29} NO acts via the S-nitrosylation of procaspases and active caspase enzymes.³⁰ Moreover, NO stimulation of the cGMP/protein kinase G pathway also appears to contribute to the protective effect of NO.³¹ The antiapoptotic role of NO is further illustrated in two reports. First, Mojena *et al.*³² studied the effect of preexistent hepatic NO synthesis on liver injury induced by LPS in animals carrying an iNOS transgene. These animals expressed iNOS in liver cells under fasting conditions. LPS-induced liver injury was impaired in animals expressing iNOS. Their results indicated that NO protects the liver by

inhibiting the synthesis of proinflammatory mediators, such as TNF- α , and prevents apoptosis of the injured cells by inhibiting caspase 3. In the second report, Morio *et al.* analyzed the hypothesis by using knockout mice lacking the gene for the TNF- α receptor, TNF- α cytokine or iNOS. They found that there is significantly less carbon tetrachloride (CCl₄)-induced hepatic injury in mice lacking TNF- α receptor-1 or the TNF- α cytokine. In contrast, liver injury is increased in knockout mice lacking the gene for iNOS. These data further confirm the hepatoprotective effects of NO, which may be due in part to inhibition of TNF- α .

In contrast to the documented protective effects of NO, its detrimental role in liver injury has also been reported. Administration of aminoguanidine (iNOS selective inhibitor) markedly diminished the severity of the liver injury induced by various methods of induction.^{34–36} Apparently, hydroxyl radicals produced by the reaction of NO and superoxide anion via peroxynitrite may be involved in the pathogenesis of hepatotoxicity. Recently, Sass *et al.* demonstrated that iNOS knockout mice are protected from liver damage following concanavalin A (Con A) treatment. Furthermore, they found that the amount of plasma TNF- α and intrahepatic TNF- α mRNA and protein is significantly reduced in iNOS knockout mice. These data imply that iNOS-derived NO regulates proinflammatory genes *in vivo*, thereby contributing to inflammatory liver injury.

The contradictory findings about the roles of NO during liver injury might be due to the differences in the redox status of the liver and the dosage and type of the insult. At the beginning of hepatic injury, when only low amount of NO is being produced, NO might protect the liver through its vasodilation, antioxidative, and antiapoptotic effects. However, in the event of massive injury (high dosage of inducers and elevated oxidative stress) large amounts of NO produced might favor the cells to move to the non-returnable channel—necrosis and cell death. As hepatocellular injury is not the major determinant of survival for patients with multiorgan failure due to sepsis or other reasons, the role of NO in hepatic injury has not been well studied. Most of the time, NO in liver injury was studied in conjunction with other liver diseases, such as hepatitis, liver cirrhosis, and ischemic-reperfusion, which we discuss in detail in a later section.

VIRAL HEPATITIS INFECTION

Exposure to hepatitis viruses, such as hepatitis virus B (HBV) and hepatitis virus C (HCV), can give rise to several outcomes: no obvious clinical infection, fulminant hepatitis, a self-limiting acute hepatitis, or a chronic infection that may progress to cirrhosis and hepatocellular carcinoma. Infection with the hepatitis virus is very common worldwide especially in Asia and Africa. The factors that determine the development of chronic viral hepatitis have not been fully identified. It is characterized by a parenchymal infiltration of activated cytotoxic T lymphocytes—the main cause of hepatic injury.

Antiviral activity of NO is well documented.^{38,39} It has been shown to be able to inhibit the growth of DNA and RNA viruses, such as herpes simplex virus,⁴⁰ Coxsackie B3 virus,⁴¹ and Japanese encephalitis virus.⁴² The exact role of NO in hepatitis viral infection is not yet known. However, increased hepatocellular iNOS

expression could be part of a nonspecific host response to viral infection inhibiting viral replication. This possible antiviral effect of NO may partly explain the increase in viral titers observed when corticosteroids, which are also iNOS inhibitors, were used in patients with chronic viral hepatitis during the 1980s.⁴³ Recently, the ability of NO to inhibit the replication of HBV virus was demonstrated in the livers of NO-knockout mice.⁴⁴ This result may indicate a role for NO as an antiviral agent for hepatitis infection since NO may reduce the expression of viral antigens in the cells, thereby diminishing the severity of the immune-mediated liver disease.

Initial experimental evidences for a connection between hepatitis infection and NO came from several reports of Liu *et al.*⁴⁵⁻⁴⁷ First, these authors demonstrated that woodchucks chronically infected with woodchuck hepatitis virus produce high nitrate and *N*-nitroso carcinogenic compounds.⁴⁵ Subsequently, they showed that hepatocytes, isolated from woodchucks that were chronic carriers of woodchuck hepatitis virus, formed twice as much nitrite as hepatocytes from noninfected animals.⁴⁶ Moreover, woodchuck hepatitis virus surface antigen alone was sufficient to induce high levels of NO in culture hepatocytes.⁴⁷

In 1997, Kane *et al.*⁴⁸ showed that 60% of liver biopsies of HCV-positive patients expressed iNOS by RT-PCR. Using immunohistochemistry, 100% of the HCV-positive patients expressed iNOS compared to 12.5% of controls. p53 was not detected in either group, but there was upregulation of p21 over baseline expression in a number of the HCV-positive patients. Kane *et al.* concluded that chronic expression of NO in HCV hepatitis might play a role in DNA mutagenesis and the development of HCC. In the same year, Mihm *et al.*⁴⁸ also demonstrated, using quantitative, competitive RT-PCR, that iNOS mRNA expression was increased in the liver tissue from chronically HCV-infected patients. Moreover, it was positively correlated with interferon- γ (IFN- γ) expression, as well as hepatic HCV RNA content in these patients. In contrast, other researchers demonstrated unchanged or decreased NO in patients with chronic hepatitis infection.⁴⁹⁻⁵¹ However, in these studies, the researchers measured only the plasma nitrite/nitrate level as an index of NO generation. The methods employed by these researchers for the measurement of serum nitrite/nitrate might not be sensitive enough to detect small changes. Besides this, other possible explanations for the discrepancy include differences in the duration of disease, severity of inflammation, and the degree of fibrosis of various patient groups chosen.

Subsequently, other researchers have found other links between NO and chronic hepatitis viral infection. Majano *et al.*⁵² demonstrated intense expression of iNOS in liver biopsies of patients with chronic viral hepatitis by immunohistochemistry and *in situ* hybridization. Immunohistochemistry localized iNOS protein only to hepatocytes whereas some mononuclear cell infiltrate and vascular endothelium were also positive for the mRNA by *in situ* hybridization. Thereafter, they demonstrated that transfection with either the HBV genome or HBV X gene into HepG2 cells resulted in induction of iNOS mRNA expression. Maximal induction of this transcript and NO production was observed in cytokine-stimulated HBV-transfected cells. Subsequently, by applying a non-radioactive *in situ* hybridization method, Schweyer *et al.*⁵³ also found increased IFN- γ and iNOS gene expression in liver biopsy specimens from patients with chronic HCV infection. However, in contrast, IFN- γ and iNOS mRNA were observed in CD3+ lymphocytes infiltrating portal tracts and

hepatic lobules, but not in hepatocytes. The differences might be due to the use of different hybridization probes as well as the hybridization conditions. More work needs to be done to confirm these results.

Recently, Garcia-Monzon *et al.*⁵⁴ demonstrated, by means of double immunostaining, that NO-mediated nitration of hepatocellular proteins is markedly induced in the inflamed liver tissue from patients with chronic viral hepatitis, and appears to be associated with the histological severity of viral chronic liver disease. The capability of HBV to increase the transcription of human hepatic iNOS by transactivating its promoter has also been studied. Amaro *et al.*⁵⁵ demonstrated that HBV X protein transactivates the iNOS promoter.

All these results demonstrated that NO was indeed increased during viral hepatitis. Increased production of NO during viral hepatitis has two implications. First, NO may serve as an antiviral agent that aids the host to fight against the viral infection. Second, when considered in the light of the known genotoxicity of NO,⁵⁶ long-term elevated production of NO free radicals in chronic hepatitis may directly cause reactions with cellular DNA leading to mutagenesis, as well as the formation of hepatocarcinogenic *N*-nitroso compounds. The well known relationship between viral hepatitis infection with increased risk of liver cancer may be the result of increased production of NO in addition to the antiapoptotic properties (apoptosis represents the paramount mechanism for eliminating virus-infected hepatocytes) of certain hepatitis viral proteins.⁵⁷

LIVER CIRRHOSIS

Persistent hepatic injury leads to cirrhosis—a scarring process in the liver that includes both increased fibrogenesis and wound contraction. Cirrhotic patients often present with several systemic hemodynamic disturbances, characterized by symptoms such as hypotension, low systemic vascular resistance, and a reduced sensitivity to vasoconstrictors. During the progression of cirrhosis, vascular resistance continues to decrease and the low arterial pressure may lead to secondary disturbances in renal and hepatic blood flow, ascites, and portal hypertension.

Since Vallance and Moncada⁵⁸ first proposed that NO could be responsible for the hyperdynamic circulation in cirrhosis, there has been growing evidence that implicates role of NO in the pathophysiology of liver cirrhosis. According to their hypothesis, NO overproduction may be due to increased incidence of endotoxemia during liver cirrhosis, and endotoxaemia may induce NO overproduction directly or indirectly through cytokines. Their hypothesis was supported by data provided by other experiments: (1) NOS is induced in the endothelium and smooth muscle when vascular tissue is exposed to endotoxin or cytokines *in vitro*;^{59,60} (2) infusion of endotoxin in humans leads to the gradual appearance of peripheral vasodilatation;^{61,62} (3) inhibitors of NOS increases blood pressure of patients with septic shock;⁶³ and (4) high circulating levels of endotoxin are found in cirrhotic patients with or without clinical evidence of infection.^{64,65}

Evidence supporting a role for NO has been obtained from various experimental models of cirrhosis.^{66,67} For example, NO-dependent vasodilation is increased in the aortic rings of cirrhotic rats, and administration of NOS inhibitors to cirrhotic rats

increases systemic vascular resistance, thus modulating hyperdynamic circulation.⁶⁸ Moreover, the production of NO is observed to increase in cirrhotic patients by using various parameters. One of the earliest reports was that urinary cGMP levels are elevated in cirrhotic patients, directly correlating with the severity of hemodynamic changes.⁶⁹ Subsequently, a case report described an event where a cirrhotic patient with severe hypotension and resistance to other pressor agent demonstrated an elevation in blood pressure in response to methylene blue infusion.⁷⁰ Methylene blue blocks the action of NO through the inhibition of guanylate cyclase. This provides clinical evidence that NO is responsible, at least in part, for the hypotension associated with liver failure. Subsequently, the increased production of endogenous NO, as shown by the increased plasma/serum, urine, and ascitic fluid nitrate levels, was demonstrated in patients with liver cirrhosis.^{51,71-74} These results suggest that long-lasting increased local production of NO may contribute to maintenance of splanchnic vasodilatation and, thus, worsen the hyperkinetic state in these patients. These reports also found that the degree of liver damage severity correlates with high serum nitrate levels. In addition, significantly higher peripheral and hepatic vein NO levels are observed in cirrhotic patients by the measurement of NO-hemoglobin complexes using electron paramagnetic resonance spectroscopy.⁷⁵ It has also been demonstrated that NO output is increased in the air exhaled by patients with cirrhosis, especially by patients with decompensated cirrhosis.⁷⁶ The NO might be produced by the vascular and bronchial tissues in the lungs of these patients instead of directly from the liver. Nevertheless, increases in the production of endogenous NO correspond to the progress of liver cirrhosis. At the cellular level, PMNs and monocytes isolated from cirrhotic patients have greater iNOS activity compared to that of healthy subjects,⁷⁷ and NOS activity in peripheral neutrophils of cirrhotic patients increases with increasing severity of liver dysfunction.⁷⁸ To provide further evidence that NO does play a role in the pathologic events of cirrhosis, Ryan *et al.*⁷⁹ and Campillo *et al.* demonstrated that infusion of NOS inhibitor, L-NMMA, improved the responsiveness to noradrenaline in forearm arteries of cirrhotic patients.⁷⁹

According to the hypothesis of Vallance and Moncada,⁵⁸ as well as the results demonstrated by various researchers, one would expect that iNOS would be the NOS isoform responsible for the sustained production of large amounts of NO during liver cirrhosis. However, there is contradictory evidence. Thus, the exact role of iNOS in liver cirrhosis and portal hypertension remains in doubt. For example, Fernandez *et al.*⁸¹ could not show any significant increase in iNOS activity in BDL rats since dexamethasone failed to modify the hyperdynamic circulation in the cirrhotic animal model. In addition, it seems that an increase of eNOS activity could be responsible for NO overproduction in animal models of portal hypertension.⁸² Campillo *et al.*⁸³ reported that NO might be a consequence, rather than a cause, of hemodynamic abnormalities and that anemia might play a key role in NO production of patients with cirrhosis. Renal impairment and diminished urinary nitrate clearance might be another cause of increased NO observed since the major metabolic pathway of serum nitrate is through urinary excretion.⁸⁴

Generally, all these observations still support a detrimental role of NO in the pathogenesis of liver cirrhosis, where increased NO leads to the vascular hyperdynamic state, and reduction of NO is beneficial. However, other findings do not support the Vallance and Moncada hypothesis.⁵⁸ Studies have shown that NO

production was reduced in the cirrhotic rat liver.⁸⁵ In humans, Sarela *et al.*⁸⁶ demonstrated that the activity of constitutive NOS is substantially lower in the liver of cirrhotic patients as compared to the histologically normal liver from metastatic colorectal adenocarcinoma patients who underwent liver resection. The activity of iNOS was unaltered. Reduced hepatic cNOS activity, with a resultant decrease in NO release, is likely to facilitate the counteracting influence of the potent vasoconstricting agent, endothelin 1, especially in the cirrhotic liver, and thereby bring about an increase in the sinusoidal resistance. The cause of diminished cNOS may reflect a response to hepatocellular damage. Portal hypertension is a major complication of liver cirrhosis. An increase in the intrahepatic resistance to portal venous flow is an important factor in the development and maintenance of portal hypertension. A decrease of NO may, therefore, promote portal hypertension through an increase in the hepatic sinusoidal resistance. Overall, alternation of NO synthesis at various times and sites is detrimental for the host and aggravates the pathogenesis of liver cirrhosis.

HEPATOCELLULAR CARCINOMA (HCC)

HCC is one of the most common solid tumor malignancies affecting humans. It is responsible for about one million deaths per year worldwide. A major epidemiologic association between either HBV or HCV infections and HCC is evident.⁸⁷ However, the underlying mechanisms that lead to the development of HCC are still not clear. Although integration of virus DNA sequences into liver cell genome could activate cellular protooncogenes, this integration is very infrequent and does not explain the majority of virus-induced HCCs. Increased NO formation by liver cells has been shown to occur in many hepatic diseases, such as that caused by the parasites *Opisthorchis viverrini* (liver fluke),⁸⁸ by hepatitis viruses,^{52,89} and in cirrhosis.^{76,76} Increased NO could be the common underlying mechanism for the increased risk of liver cancer associated with these various forms of chronic liver diseases, where liver tissues that are exposed to high concentrations of NO over long periods of time could accumulate mutations.

In a woodchuck hepatitis virus model, chronic infection with hepatitis virus seems to enhance NO production and formation of carcinogenic nitrosamines.⁴⁵⁻⁴⁷ Viral hepatitis might increase the risk of liver cancer through a mechanism of increased NO production. In man, NO levels are elevated in patients with chronic hepatitis and this has been linked with the predisposition to develop liver cancer.⁹⁰ Other data showed that plasma nitrite/nitrate concentrations in patients with HCC are correlated with tumor volume as well as tumor surface area.⁵⁰ Recently, it has been suggested that plasma nitrite/nitrate concentrations could be used as a tumor marker for HCC in conjunction with serum α -fetoprotein (AFP, a well established biochemical parameter for HCC).⁹¹ In agreement with this study, Moussa *et al.*⁵¹ also found that plasma nitrite/nitrate levels in patients with HCC are elevated. A possible explanation for increased plasma NO levels in HCC is that NO is reactively induced by the hepatic tissue surrounding HCC by three independent mechanisms: (1) tumor cells directly stimulate macrophages and Kupffer cells to produce NO, (2) HCC produces a variety of cytokines that may stimulate hepatocytes to produce NO, and

(3) a marked deterioration of liver function in HCC patients may be associated with increased portosystemic shunting and further development of hyperdynamic circulation, leading to an increase in NO production. In addition, preliminary work in our laboratory has demonstrated increased iNOS and eNOS mRNA expression by RT-PCR in the tumor tissue compared to the tissue surrounding the tumor of HCC patients (unpublished data). These may lead to the observed increased NO level.

The role of NO in cancer formation is controversial. It has mutagenic effects as well as known antitumor effects.⁹² It is well known that high levels of NO can cause nitrosative deamination or oxidation of DNA bases, leading to DNA damage, as well as mutation in human cells.^{56,93,94} In addition, as tumor growth progresses, NO may mediate capillary leakiness, support angiogenesis, and limit leukocyte infiltration. On the other hand, NO possesses antitumor properties because of its long known cytotoxic and cytostatic⁹⁵ effects toward tumor cells, as well as its anti-apoptotic role.²⁷

Several specific types of mutations would be expected from DNA deamination, including GC to AT, GC to TA, and AT to GC base pair substitutions.⁹⁶ Sequence data on precore and core gene mutations in hepatitis B virus isolated from chronic HBV-infected individuals show GC to AT mutations.⁹⁷ Similar patterns of mutations of the p53 gene have been found in HCC.^{98,99} These suggest that chronic inflammation and NO produced by NOS may mutate these genes through deamination of DNA bases. The p53 tumor suppressor is a 393-amino acid nuclear transcription factor that plays a central role in cell cycle regulation and apoptosis.¹⁰⁰ Inactivation of p53 function has been reported in approximately 50% of all human cancers, including malignancies of the liver. It has also been shown that NO is able to induce conformational changes of p53, decrease its specific DNA binding activity, and thus, increasing the risk of malignant cell transformation.^{101,102}

Recently, Morbidelli *et al.*¹⁰³ and Ziche *et al.*¹⁰⁴ reported that NO plays a central role in the angiogenic cascade by demonstrating that vascular endothelial growth factor (VEGF), released by tumor cells, requires a functioning NO/cGMP pathway within the endothelial compartment to promote neovascular growth. Other research groups have found that NO induces VEGF expression in human Hep G2 hepatocarcinoma cells.¹⁰⁵ VEGF plays an important role in tumor biology in at least two ways: as a vascular permeability factor and/or endothelial growth factor. Elevated expression of VEGF has also been reported for tumors of the gastrointestinal tract,¹⁰⁶ kidney,¹⁰⁷ and breast¹⁰⁸ in humans. However, there are few reports on the expression of VEGF in HCC, which is well known for its hypervascularity.^{109,110} The promotion of tumor growth by NO may involve the induction of angiogenic factors such as VEGF.

In contrast, there is also increasing evidence indicating that NO might also play an important role in antitumor mechanisms. It was demonstrated that Kupffer cell-derived NO suppresses proliferation and induces apoptosis of hepatoma cells.¹¹¹ These results indicate that in the event of HCC, Kupffer cells surrounding the tumor can induce apoptosis of the tumor cells via the production of NO.^{112,113} In conjunction with the well known cytotoxic effects of NO, through its effect of nitrosating important proteins in tumor cells, the hepatoprotective role of NO in HCC cannot be ignored.

The effects of NO in various stages of cancer are widespread and often self-contradictory. Its effects can be better understood based on timing, location, and concentration. Here, we hypothesize that NO plays an important role in HCC formation and its progression. During the pre-HCC period, viral infection (hepatitis B and C) or other unforeseen circumstances may lead to uncontrolled, prolonged, and/or massive production of NO by iNOS in the liver. Genotoxic properties of NO may lead to the mutation of certain oncogenes or tumor suppressor genes, such as p53, that allow the cells to escape from the cell cycle growth arrest mechanism and thus contribute to hepatic carcinogenesis. At the same time, NO regulates angiogenesis. NO released by the tumor cells might enhance angiogenesis, which can lead to accelerated growth of the primary tumor, as well as facilitate the process of metastasis. Angiogenic effects of NO may be due to an upregulation of proangiogenic factors and/or downregulation of their natural inhibitors (antiangiogenic factors). On the other hand, other functional cells surrounding the tumor might possess certain tumorstatic and tumoricidal effects on the tumor cells through the action of NO and, hence, provide hepatoprotective action.

LIVER TRANSPLANTATION AND HEPATIC ISCHEMIA-REPERFUSION INJURY

Orthotopic liver transplantation is now widely used for the treatment of end-stage liver disease. Cellular rejection is one of the common complications following liver transplantation and remains a significant cause of graft loss. The basis of cellular rejection is an alloantigen activation and proliferation of inflammatory cells that infiltrate the donor organ and mediate graft damage. Experimental work suggests that NO as a cytotoxic molecule may play an important role in the *in vivo* response to allogenic tissue.

Increased endogenous NO production, represented by the rise in systemic nitrate levels, have been described during clinical hepatic allograft rejection.^{114–116} It was found that serum¹¹⁴ and urinary¹¹⁵ nitrate levels correlate well with the grade of allograft rejection in human liver transplantation. These results agree with the data reported during allograft rejection in animal models.^{117,118} Hence, it was suggested that plasma and urinary nitrate levels could offer a sensitive predictor of acute allograft rejection in human liver transplantation, as well as its severity, and the evaluation of its resolution. Moreover, Sugioka *et al.*¹¹⁹ found that changes in graft tissue NO preceded any other indicators of acute rejection, thus providing more concrete proof that NO is a mediator of acute rejection, and not a consequence. Corticosteroid (a well known iNOS inhibitor) treatment during the rejection episode leads to significant decline of the serum nitrate levels, hence, further confirms the involvement of NO in allograft rejection. Direct evidence was demonstrated by Romero *et al.*¹²⁰ using an immunohistochemical method. They found marked expression of iNOS in hepatocytes from liver biopsies of patients with acute rejection when compared with patients without rejection. Positive hepatocytes presented strong cytoplasmic staining, whereas no detectable iNOS reactivity was detected in any other cell types. After treatment with intravenous corticosteroids, iNOS reactivity decreased significantly.

This provides evidence that NO plays a role in clinical hepatic allograft rejection. However, it remains controversial whether NO generated during acute rejection is beneficial or harmful to the transplanted recipients. A beneficial role of NO was supported by the following findings during allograft rejection or other forms of liver injuries: (1) NO inhibits lymphocyte proliferation and acquisition of cytolytic T lymphocytes during alloimmune response;¹²¹ (2) NO scavenges free oxygen radicals during hepatocyte injury;^{122,123} and (3) blocking of iNOS activity impairs hepatic microvascular blood and increases tissue damage.^{15,124} Hence, NO may be an important mediator of the graft-versus-host reaction and may serve as a marker of this process. On the other hand, a sudden burst of NO locally may produce damage to cells during rejection.^{125,126} Nitrosylation of key enzymes involved in the respiratory cycle and the synthesis of DNA in target cells could mediate the cytotoxicity of NO. The differences in the effects of NO in rejection may be related to the amount of NO produced. Additional studies are warranted for an understanding of the exact function of NO in hepatic allograft rejection.

Liver ischemia-reperfusion is an important syndrome encountered in a number of clinical scenarios, such as trauma, hemorrhagic shock, liver resection, and liver transplantation. In particular, for liver transplantation, ischemia-reperfusion injury is an important cause of primary nonfunction of the liver leading to urgent retransplantation. The generation of reactive oxygen intermediates and inflammatory cytokines, as well as microcirculatory disturbances during the reperfusion phase, underlies the pathophysiology of this syndrome. In view of the capability of sinusoidal endothelial cells in producing a basal level of NO from eNOS in response to flow, and the increased concentration of oxygen free radicals and cytokines in inducing the expression of iNOS in other cell types of the liver,^{127,128} the role of NO in hepatic ischemia-reperfusion has aroused tremendous research interest in the field.

NO maintains hepatic perfusion under physiologic conditions in normal rat livers, inhibition of NO synthesis causes a marked increase in perfusion pressure.⁷ Administration of both non-selective and selective inhibitors of NOS into ischemic rat models results in marked aggravation of postischemic liver injury.^{124,129,130} By increasing NO availability, using either an NO precursor or NO donors, reperfusion injury in animal models of hepatic ischemia-reperfusion was markedly reduced.¹³⁰⁻¹³⁴ Hence, the liver dysfunction associated with reperfusion injury was suggested to be linked to a decrease in the release of NO. The beneficial role of NO during reperfusion is believed to be related to its ability to counteract the effects of endothelin,¹³⁵ reduced inflammatory cell activity, and expression of cytokines and adhesion molecules.^{136,137}

Notwithstanding, some researchers have found that NO producing toxic injuries during reperfusion^{138,139} may act as a lethal messenger in cell-mediated cytotoxicity. It has been shown that hypoxia also favors the transcription of iNOS through the engagement of hypoxia response elements present in the iNOS promoter.¹⁴⁰ Therefore, it is possible that ischemic episodes might contribute to iNOS expression and in this way account for the obvious sustained NO synthesis posttransplantation.

In conclusion, it appears that multiple factors, such as NO-superoxide radical ratios, hepatic stores of reduced glutathione, and length of ischemia, all determine whether NO will act as a cytoprotective or cytotoxic agent. The constitutive form of NOS predominates in acute conditions of ischemia releasing a small amount of NO that is important in the preservation of homeostasis, regulating microvascular

permeability and neutrophil–endothelial cell interaction, and maintaining local perfusion. In severe chronic ischemia, the high levels of NO produced by iNOS, may be cytotoxic. NO may combine with the high levels of superoxides to form peroxynitrite, which becomes extremely toxic to cells.

In liver transplant recipients, L-arginine seems to be extremely deficient after reperfusion since high plasma arginase (an enzyme that hydrolyzes arginine to urea and ornithine) levels were observed following liver perfusion.^{141,142} In view of the protective role of NO in ischemic-reperfusion, endogenous NO augmentation may be more effective in attenuating hepatic ischemia reperfusion than any other approach. Furthermore, therapeutic strategies that increase endogenous NO may be useful in improving the outcome of liver transplantation involving the use of suboptimal grafts, which are known to be more susceptible to ischemic-reperfusion injury and poorer outcomes. However, we need to bear in mind that NO also exerts a strong hypotensive effect and has the ability to produce toxic peroxynitrite radicals after reacting with superoxide radicals. Thus, treatment with high doses of NO can be hazardous. In the event of ischemia reperfusion, a combination of NO donors and endothelin blockers might provide an alternative intervention strategy since inhibition of endothelin in animal ischemic models seems to improve microcirculation and circumvented reperfusion injury of the liver.^{143,144} In view of the availability of the selective hepatic NO donor—V-PYRRO/NO (O²-vinyl 1-[pyrrolidin-1-yl]diazonium-1,2-diolate), which selectively delivers NO directly to the hepatocyte by virtue of cytochrome P450 metabolism,²³ we are getting closer to the use of this molecule in a clinical setting.

LIVER REGENERATION

In adult vertebrates, the capacity for regeneration is limited to a few tissues, one of which is the liver. In the event of surgical resection of diseased livers, the ability of the remnant liver to initiate the regeneration process is a very important part of the recovery process for the patients. The mechanisms that permit the tissues to regenerate are not well understood. Initiation of liver regeneration requires injury-related cytokines, such as TNF- α ¹⁴⁵ and IL-6,¹⁴⁶ and it involves the activation of cytokine-regulated transcription factors, such as NF- κ B¹⁴⁷ and STAT3.¹⁴⁸ During regeneration, these cytokines promote hepatocyte viability, as well as proliferation.¹⁴⁹ These observations suggest that the cytokines induce hepatoprotective factors in the regenerating liver. iNOS is a well known cytokine-inducible enzyme; thus, the product, NO might be involved in one way or the other for the action of cytokines accumulated during tissue damage.

Among the multiple changes in the immediate hours following partial hepatectomy, an induction of iNOS and the release of NO have been reported in rats.^{150–152} The role of NO in liver regeneration was further tested by estimating the amount of nitrite accumulated during 24 hours in the culture media of hepatocytes, Kupffer cells, and sinusoidal endothelial cells isolated at various times following partial hepatectomy.^{153,154} The time course of NO production was compared with the course of the proliferating activity of the same cells. During the time interval when liver cells passed through their first cell cycles, hepatocytes were the main producers

of NO in the liver. The time-dependent changes of their NO production corresponded to those obtained with the whole liver and were inversely correlated with DNA-synthesizing activity. NO production by Kupffer and endothelial cells followed that by hepatocytes in this order; the time displacement between them corresponded to the schedule of their proliferating activity. Díaz-Guerra *et al.*¹⁵⁵ further confirmed the role of NO in partially hepatectomized mice and they postulated that NF- κ B was required for the transcriptional control of iNOS in the regenerating liver.

Subsequently, Wang and Lautt¹⁵⁶ hypothesized that the hemodynamic consequence of partial hepatectomy triggered the cascade of events that leads to liver regeneration. After partial hepatectomy, all the portal flow must go through the remaining vascular bed, thus producing increased shear stress and release of NO, which then initiates the next stages of the regeneration process. Their results in rat models demonstrated that the vascular shear stress-induced release of NO following partial hepatectomy serves as a primary trigger to initiate the regeneration process.

Recently, more significant results were demonstrated by Rai *et al.*¹⁵⁷ in iNOS knockout mice. These iNOS knockout animals exhibit a significant increase in hepatocyte apoptosis 24 hours after partial hepatectomy, indicating that NO is probably involved in preventing apoptosis and serves as an important hepatoprotective factor in the regenerating liver. With further advances in research, someday, NO or its analogues may be delivered directly to the liver to limit hepatic injury and facilitate liver cell regeneration.

CONCLUSIONS

The significance of NO in various diseases, whether it is a cause or merely a consequence, has not been fully determined. Depending on the experimental conditions, NO can attenuate or enhance certain pathophysiologic responses that reflect the complex behavior of this small molecule in the body. Most detrimental effects of NO are based on the concept that NO serves as a precursor, yielding potent toxic factors, such as peroxynitrite and hydroxyl radical, as a result of the interaction with the superoxide anion. The beneficial role of NO is normally based on its ability to maintain the integrity of microvascular function, its ability to inhibit platelet aggregation and neutrophil infiltration, as well as its unique ability to prevent apoptosis in hepatocytes and, hence, prevent further liver injury and promote liver regeneration.

Conflicting results may be due to concentration-dependent effects of NO, the variety of *in vivo* and *in vitro* experimental models and differences in cell sensitivity to NO. The effects of NO may also vary depending on acute or chronic inflammatory states and the animal species used in experiments. Posttranslational modifications may also modulate the amount of NO released. It should be borne in mind that studies evaluating mRNA or protein levels alone are insufficient for determination of true NOS-dependent NO production. This might also explain the contradictory results from various research groups, as they look at various regulation levels under different settings and at different times. A study that involves the direct measurement of NOS activity in the organ involved will give a clearer picture of what NO does in a particular pathologic event than those studies that only demonstrate the effects of NO donors or NOS inhibitors in the entire animal. Because NO has diverse

physiologic functions, the overall effects of the donors and inhibitors might not represent the specific action of NO in the particular organ involved. Drugs that can modulate NO levels have been used as therapeutic agents for a long time. Nitrovasodilators, such as nitroprusside, that act by donating NO spontaneously, or glyceryl trinitrite and isosorbide dinitrate, that release NO after metabolic conversions are able to activate guanylate cyclase and elevate cGMP in the vasculature, thus providing a favorable adjustment of the vasculature environment. In view of the existence of more specific NOS inhibitors, as well as cell-directed NO donors, the use of NO donors or NOS inhibitors in the treatment of liver diseases may soon become reality.

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